## financiallyspeaking

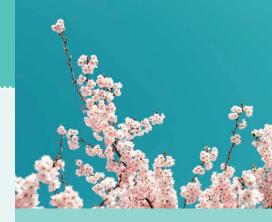
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### Economic outlook

In the US there are signs of slow economic growth this year. This is apparent from some leading indicators, such as the Markit Purchasing Managers' Index (PMI) and, to an extent, official economic data. Slow economic growth is a global theme, with few exceptions. The Australian economy is not immune to this slowdown.

#### **US-China trade war**

Tariffs and other forms of trade war continued during the June 2019 quarter. Negotiations between the US and China broke down after Chinese negotiators retracted commitments they made in previous negotiations. This led to both countries placing further tariffs on each other's goods and the use of non-tariff trade war tools. As an example of these tools, the US Government limited what business US companies could do with the Chinese communications firm, Huawei. This restriction has reduced the sales and competitiveness of Huawei products. Towards the end of the quarter the US and China agreed to resume talks and halt any further escalation.



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Lonsdale Financial Group Limited ABN 76 006 637 225 AFSL 246934 www.lonsdale.com.au

### Economic outlook continued

#### **Manufacturing slows**

The Markit Global Manufacturing PMI (a measure of manufacturing activity globally) slipped to its lowest level since 2012.

Previously, strong US economic growth supported global manufacturing activity overall but with a slowdown in the US, coupled with weakness in Europe and China, a fall in global manufacturing is expected.

#### **Bonds and shares rally**

In global markets, bonds and shares rallied during the June quarter. Key to bond returns were interest rate cuts by a number of central banks because of slower economic activity. The Reserve Bank of Australia (RBA) also reduced the cash rate by 0.25%, which caused Australian yields to fall substantially (around 0.4% or more) which supported bond prices during the quarter.

#### **Australia**

In Australia, there was some disappointing economic data. March 19 quarter inflation and economic growth were both weaker than expected and the unemployment rate rose to 5.2%.

The RBA cut interest rates, based on this economic data and its own assessments on the target unemployment rate. In early June the RBA cash rate was cut by 0.25% to 1.25%, the first change since August 2016. This was followed by a further 0.25% cut in early July, leaving the cash rate at 1%. Survey data on both consumers and businesses, such as the May and June NAB Business Surveys, which measure business conditions such as profitability and overall confidence, highlighted a more subdued consumer demand environment. Retail sector conditions remaining the weakest of the industries surveyed.

A bright spot for some segments of the economy was the Federal election win by the Coalition party. This ended the prospect of perceived 'anti-property' policies from the Labor party and saw a rise in sentiment in property markets. However, the drop in consumer confidence in the June Westpac - Melbourne Institute Index of Consumer Sentiment (a full month after the election) casts some doubt on the sustainabiltiy of this positive sentiment. The outlook is for weaker, but still positive, Australian economic growth.

Share markets were volatile. The Australian sharemarket outperformed global shares during the quarter. The Coalition election win was positively received by Australian share market investors as it ended the threat of a number of Labor policies including ending dividend imputation credit refunds for some retirees. Shares exposed to the property markets such as REA Group and Domain, both online property sale platforms, rallied strongly on the rise in sentiment. Global shares rose overall, supported by the easing monetary policy outlook. There was some selling pressure during May when the trade war escalation weighed on sentiment but this fear abated when the US and China agreed to another truce in their trade war. Bond proxies (income-producing stocks such as infrastructure and REITs) benefited from falling bond yields globally as investors sought out other income-producing alternatives.

The Australian dollar fell as a result of a weaker global growth outlook which outweighed strong iron ore prices.

Source: IOOF



## Are you an investor or a speculator?

"Just like investment cycles, where markets move and investment options go up and down, it's important to know about the cycle of our emotions"

Many investors use a consistent, long-term strategy to build a more secure financial future through steady purchases of well-diversified investments.

Speculators and market timers are usually less concerned about consistency. They may switch investment philosophies on an emotional whim, sometimes treating their investments more like play money than the serious money needed for their financial future.

Most people would probably say they are investors, but the question is not so easily answered. During a bull market, it can be relatively easy to be a long-term investor. However, when the share market starts gyrating, investors' mettle can be tested—revealing many closet speculators.

#### The risks of market timing

Market timers follow a fairly predictable cycle. When prices seem low relative to historical norms, they buy. When an investment's value seems to peak, they sell. This cycle is repeated with the next "hot tip."

In theory, market timing seems fairly rational, but in practice it rarely works. Even the most sophisticated investors, with years of experience and the best analytical tools, cannot predict the whims of the financial markets. What's more, market timers are often misled by emotional factors such as greed or fear. Many end up buying at the tail end of a market rally or selling in a panic at a loss.

The difficulty of timing the markets is complicated by the fact that most market rallies occur in brief spurts. Market timers waiting for the right opportunity to buy or sell risk being out of the market during these sudden market changes.

To benefit from market timing, you must accurately predict the future, not once, but twice. First you must correctly determine when to sell.

Second, you must accurately determine when to get back in. Because falling markets can rise steeply within days, your timing must be nearly perfect.

### Making decisions like an investor

To avoid falling into the speculator's trap, focus on the term "individual" before making any investment decision. Your individual long-term goals and your individual financial circumstances — not the daily gyrations of the stock market—should govern your decision.

By focusing on your individual needs and sticking to your investment plan, you could actually benefit from the share market's gyrations. For example, a good long-term investment strategy generally includes investing a set amount at regular intervals. If you maintain this schedule during a market dip, you may end up purchasing some strong buys at discount prices.

Of course, changing your investments during a gyrating market is not always speculating. It can be an astute, tactical decision if the reasons for your changes are consistent with your individual long-term goals.

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#### **Examining your goals**

Instead of market timing, try lifestyle timing. Look at your own investment portfolio and compare it to your long and short-term goals. Do you need to withdraw money within the next year or so to begin financing your retirement or to make some other lifestyle change? If so, you might want to rebalance your portfolio to a more conservative mix of assets.

What about your long-term goals? Short-term market gyrations will probably not significantly affect your long-term plans, and it may be wise to stick with your current strategy.

Source: Russell Investments



#### Why timing matters



When accumulating super for retirement, you can afford to be patient. With years ahead to top up your super, you can stay invested during falls in the share market and wait for

markets – and your assets – to bounce back. For the few years just before and after retirement, it's a different story. This period, known as the 'retirement risk zone', is the time when you have most to lose from a fall in the value of investments. Your super has likely reached its peak in value and you want to make the most of these savings for your future retirement income.

In order to protect your savings and provide you with income throughout your retirement, it's important to be aware of three key risks:

#### 1. Living longer

Australians are living longer than ever before. Life expectancy has grown by more than 30 years in the last century<sup>1</sup>. Living off retirement savings for 20-30 years or more introduces the very real risk of running out of money. So it's no wonder more than half of Australians aged 50+ are worried about outliving their savings according to a 2019 National Seniors Australia survey.

We're lucky that we live in a country that if your retirement savings run out; the Age Pension is there as a safety net. But these regular payments may not be enough to maintain the lifestyle you've been enjoying in retirement. You could also be left with limited funds and options for aged care, if you should need it. That's why it's so important to make a financial plan early in your retirement so that you can help to protect your income now and in the future.

#### 2. Inflation

Inflation measures the change in the cost of living over time and represents an important and often underestimated risk to your financial security in retirement. Given your retirement could last 20+ years, there's a good chance your savings and income will be affected by inflation. At an average annual inflation rate of  $2.5\%^2$ , a dollar today is worth roughly half what it was 25 years ago. Even this modest year-on-year rise in the price of goods and services can put you at risk of having an income that no longer covers your living expenses from year to year.

#### 3. Market volatility

Market volatility is a risk for investors with exposure to investments such as shares, bonds and commodities.

Falls in the value of investments are impossible to predict and can make a big difference to income and financial security throughout your retirement. When investments earn negative returns, your retirement savings are falling in value. Crucially, if you also need to make regular withdrawals to pay for living expenses, it's a twofold blow for your overall financial position in retirement. Less savings now means more potential for outliving those savings later in life.

## Protecting your income and future in retirement



Diversifying your investments – balancing growth and defensive assets for example – can limit the impact of market risks and inflation on your retirement savings.

However, even with a well-diversified portfolio, your super and Age Pension may not provide you enough income for your entire retirement.

If you'd like the peace of mind that comes with a guaranteed income for life, a lifetime annuity might be right for you.

Using a portion of your savings or super, you can invest in a lifetime annuity and receive regular, guaranteed income payments for life. It can act as a safety net ensuring that you will receive income for life, regardless of how long you live or how investment markets perform.

Talk to an adviser about the benefits of a lifetime annuity and whether it might be right for you.

Source: Challenger

<sup>1</sup> Australian Bureau of Statistics, Life Expectancy improvements in Australia over the last 125 years, 18 October 2017.

<sup>2</sup> Australian Bureau of Statistics, 70 years of inflation in Australia, Andrew Glasscock, 2017. Fig 2.

# Sorry, but your biggest investing problem may be you

Every day we make numerous judgements and decisions. As the human brain has evolved it's developed little short-cuts, or 'heuristics'. These mental pathways circumvent multi-stage decisions and allow us to make judgements quickly and efficiently. While heuristics are helpful and allow us to function without stopping to think about our next action, they can – and do – lead to cognitive biases. These biases sometimes trip us up leading to bad judgements and poor decisions.

Unfortunately – and consequentially – such biases exist in the full spectrum of our decision-making, including those in the realm of investing.

A vital ingredient to successful investing over the longer term is knowing yourself – and specifically knowing the mental traps you may fall into when making investment decisions. Here are a few of the more typical behavioural biases of investment decision-makers.



#### **Anchoring bias**

Anchoring bias is the tendency to rely on a particular event or piece of information. Many people base their investment decisions on the current price of an asset relative to its history. Another anchor is the purchase price of an asset. While a gain or loss represents the difference between the current price and the purchase price, is this actually helpful when deciding to buy, hold or sell?

People also anchor to events, with a good example being the Global Financial Crisis. Many investors, scarred by their loss of capital through the GFC, now anchor to the event (and the associated financial loss or psychological pain) when making investment decisions.

Investors should attempt to determine an asset's current and potential future worth in isolation from other values (or events).

#### **Herd mentality**

Humans are hard-wired to herd. So it's not surprising that this is common in investment circles. With this bias there's an element of FOMO (fear of missing out) when there's a bull-rush to a type of investment (think tech stocks in 1999); there's the psychological pain of going against the crowd; and then there's the fear of humiliation or embarrassment (aside from the financial consideration) of just being proven wrong.

Recognising the lure of running with the pack requires an ability to think independently. Be self-aware about the social and emotional pull of the herd.

#### **Confirmation bias**

Confirmation bias is the tendency of people to pay close attention to information that confirms their belief and ignore information that contradicts it. This can lead to overconfidence and the risk of being blindsided.

It feels good to hear our opinions reflected back to us. There's nothing particularly wrong with this, but such bias can validate and reinforce a view which may be flawed. Instead, we should be looking for disconfirming information to test against an initial view. A discipline of stress-testing and deconstructing ideas runs consistent in many of the world's most successful investors.

#### Overconfidence bias

People tend to overestimate their skills, abilities, and predictions for success. Careful risk management is critical to successful investing and overconfidence tends to make us less cautious in our investment decisions. Many of these mistakes stem from an illusion of knowledge and/or an illusion of control. Overconfident investors often put down their wins to talent and losses to plain bad luck. Guarding against overconfidence involves acute self-awareness and the ability to isolate the role of skill versus timing, or luck.

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#### Loss aversion

Loss aversion is a tendency to dislike losing money a lot more than enjoying making money. The GFC is a period in many investors' lives which created an enduring fear of substantial loss. Scarred by losses from such periods, investors can be at risk of creating portfolios too conservatively invested with a primary goal of fortifying against loss, rather than looking at their time horizon and structuring a portfolio to suit.

Investors need to remember that to generate a certain level of returns they need to take a certain level of risk, and periods of negative returns are to be expected when taking on risk. The idea is to not take excessive risks in seeking to achieve a return goal.

#### What are your biases?

What biases might you be most prone to? Can you ascribe one or more biases to an investment mistake?

Common to overcoming a lot of these biases is the ability to think independently. And if you can't do this, or don't have the time and energy, then consider employing a professional investment manager to do it for you. The best money managers are acutely aware of their biases and actively guard against them by slowing down and testing decision drivers before transacting.

Source: Pendal

## Impossible Whoppers and Impossible Valuation

This author isn't a regular visitor to Burger King. I'm not sure I've been into one in this millennium, but I'm hoping to go soon!

The reason? Burger King has announced the roll out of its new "Impossible Whopper". The original Whopper is the fast food chain's signature sandwich. A flame-grilled quarter-pounder beef burger, topped with tomatoes, lettuce, mayonnaise, pickles, and white onions on a sesame seed bun. The new "Impossible" variant has all the same ingredients, but with the beef burger taken out.

In its place is a purely plant-based alternative. Soy and potato provide the protein. Coconut and sunflower oil add the fat content. There's an organic "binder", called methylcellulose, to keep it all together. And then there's the secret ingredient, heme.

Heme is an essential molecule found in every living plant, and it is what makes meat taste like meat. But in this case, it is created from a fermented yeast. So this burger is 100% plant-based. But it tastes much more like the "real" thing, than the drab veggie burgers of yesteryear.

That's important to Burger King.
They want to keep their brand intact whilst broadening appeal.
After successful trials they are confident of rolling it out across the USA. Hopefully it will come to the UK soon after that.

Reducing red meat consumption is the key food trend in the developed world. In a 2015 poll in the USA, two thirds of consumers said they had reduced their intake. A 2018 poll showed that as many as one in eight Britons are vegan or vegetarian.

Beef production in particular is a real environmental challenge. On a per calorie basis, beef needs 160 times more land, and produces 11 times more greenhouse gases than arable staples such as potatoes. So switching to a "planet-friendly" diet, and reducing meat consumption, is one of the ways that many people are reducing their environmental footprint.

Demand for meat alternatives is soaring. And when that happens, businesses react. Established food companies are fighting for market share with nimble start-ups. And investors are salivating.

Burger King's supplier is Impossible Foods. It may soon be listed on the stock exchange. Its latest private fundraising in May this year valued it at \$2bn. It already has a listed competitor, Beyond Meat.

Beyond Meat's performance since its own IPO in May has been incredible. Even more so, for a company which is still making heavy losses. Some people think the stock is too speculative until there is some visibility on profitability. There is also a concern about competition. Even before the Impossible Burger has arrived, there are several competing products already widely available in London.

In the meantime, there are some other options that have lower risk exposure to planet-friendly food chains. One such company is DSM which earns the majority of its revenue from improving nutrition. For farm animals, this improves the yield from scarce resources.

This month DSM also announced a milestone for a great innovation it has been pursuing. The company has filed for EU authorisation for its methane-reducing feed additive for dairy cows. This magical ingredient will reduce methane production by around 30%. It suppresses an enzyme in the cow's stomach that produces methane, and then breaks down harmlessly.

Methane is a more potent greenhouse gas than carbon dioxide. So, the global impact of this product could be huge. And it is just one of a slew of similar exciting technologies DSM is working on.

Investing in environmental related stocks is an interesting and quickly growing new area that you might like to consider as part of your investment portfolio.

And in the meantime, you can look forward to that Whopper.

Source: Pengana



Lonsdale Financial Group Limited ABN 76 006 637 225 AFSL 246934 Level 6, 161 Collins Street, Melbourne VIC 3000

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